

ary cow's milk. Mr. Jamaiker, who is willing to advise institutions as to the installation of this useful Emulsifier, explains how it is possible with its help to produce either a full-cream article, or one with less fat content, so effecting an economy where economy is justified. Thus, in making a milk pudding it is found that as good, or better, a result is obtained with GLAXO which is not of full-cream standard.

A department of special interest to nurses and midwives is the Mother's Help Bureau, over which Nurse Ashby presides so ably and sympathetically. It is found in practice that many mothers who will not go to "school" will write to GLAXO for advice, or come to see Nurse Ashby. From her they can obtain much useful information, as well as patterns of exceedingly dainty yet simple and practical articles for an infant's layette, with instructions as to their making. A baby clothed in such garments will be indeed fortunate and well provided.

The heart of the enterprise is to be found in the laboratory, where under the capable direction of Mr. Jephcott, experiments are continually being made. Samples of GLAXO are daily submitted for analysis with the object of ascertaining that its standard of excellence is being maintained, and improvements in the machinery concerned in its production are constantly under consideration.

Here also are cabinets which inside contain sterilizers raised to a heat double that of boiling point, while outside they are quite cold. Mr. Jephcott, who has recently been to New Zealand, keeps in close touch with the factories in New Zealand by letter and cable.

At the top of the building is the great dining-room where meals are provided for a staff of 200 persons, with a kitchen adjoining, in which all the cooking is done by electricity. Miss Gordon, the head of this department, is an enthusiast as to the excellence and economy of this method, when properly controlled, and the dainty cleanliness of everything concerned is certainly a great attraction.

If good food adds to efficiency and contentment, then the staff at GLAXO House should be remarkable for both, as I believe them to be. Many of its members come some distance. On arrival, anyone who likes can have a cup of hot soup, and in the middle of the morning GLAXO, &c., is served; dinner—for which *rs.* is paid—consists of a hot joint, two vegetables, sweet and cheese; and tea is obtainable in the afternoon. There is also a first-aid room, where a nurse attends to minor injuries and ailments. The stenographers' room, with its multitude of machines, is some indication of the extent of the correspondence of the firm. From the flat roof, on a clear day, an extensive view is obtained up to the heights of Hampstead on the one hand to the Crystal Palace on the other.

Descending, we visit the model kitchen, where, three days a week Miss Graham gives lectures and practical demonstrations as to the delicious dainties attainable when GLAXO is utilised. Many

of our readers are acquainted with her methods, and have personally tasted their excellent results at various exhibitions in the Metropolis, and elsewhere, and will be keen to learn something of them in detail.

A very interesting section is the bureau to which members of the staff can apply for information on any subject, and seldom in vain. Indeed, throughout the building the atmosphere of helpfulness and comradeship is very remarkable.

The factory, at the back of GLAXO House, is not yet in full working order, but the whole establishment is an admirable illustration of modern methods of business efficiency. M. B.

### COMING EVENTS.

*November 18th.*—Monthly Meeting, General Nursing Council for England and Wales, Ministry of Health, Whitehall, S.W. 2.30 p.m.

*November 19th.*—Alexandra Hospital, Kettlewell, Swanley Junction. Bazaar and Entertainment in aid of Building Fund (Nurses Branch). Tea, 6d. Admission, 9d. 2-6 p.m.

*November 22nd.*—Her Royal Highness Princess Mary visits Brighton, to open the new Nurses' Home, at the Royal Sussex County Hospital.

*November 22nd.*—Professional Union of Trained Nurses. A meeting of members of the Public Health Section to consider the question of salaries for those working in the Public Health Service. 62, Oxford Street, W. 6 p.m.

*November 26th.*—Meeting Central Committee for the State Registration of Nurses. Council Chamber (by kind permission of the British Medical Association), 429, Strand, W.C. 2.30 p.m.

*November 26th.*—Royal British Nurses' Association, 194, Queen's Gate, S.W. Lecture on "Russian Central Asia," by Miss Christie. 3 p.m.

*December 9th.*—Trained Nurses' Annuity Fund. Sale of Work to be opened by Her Royal Highness, Princess Christian. Royal British Nurses' Association Club, 194, Queen's Gate, S.W.

*December 10th.*—League of St. Bartholomew's Hospital Nurses. General Meeting, Clinical Theatre, St. Bartholomew's Hospital. 3 p.m. Social Gathering, Staff Nurses' Sitting Room. Music and Tea.

### "QUIA AMORE LANGUEO."

In a valey of this restles minde  
I sougte in mounteine and in mede,  
Trustinge a trewe love for to finde.  
Upon a hill than I took hede;  
A voice I herde, and neer I yede,  
In huge dolour complaininge tho,  
"See, dere soule, how my sides blede,  
Quia amore langueo."

—Author Unknown.

### A WORD FOR THE WEEK.

"I have never repented nor looked back, not for one moment. . . . Never has God let me feel weariness of active life, but only anxiety to get on."

—Florence Nightingale.

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